

May Produce Pick



Blackberries



Fun Blackberry Facts:

- ∞ Blackberries are part of the Rose Family.
- ∞ Just like Roses, Blackberries have thorns The thorns grow along the stem and on the leaves and stalks—so be careful when you go picking with an adult
- ∞ Blackberries are called an “Aggregate” fruit, because 1 berry is made up of 80-100 tiny little berries.
- ∞ Blackberries are full of healthy nutrients like fiber, and Vitamin C which helps keep you from getting sick.
- ∞ They are commonly eaten fresh, used in pies, jams, jellies, or smoothies.
- ∞ These berries used to be used as medicine and as dye for clothes.
- ∞ You can try berries at home on salad, yogurt, ice-cream, or as a snack by itself.
- ∞ Blackberries that are unripe, or not ready to eat, are red and can be easily confused with raspberries.

